

**Template: Workplace Inspection Checklist (Psychosocial Hazards)**

Psychosocial Hazards	Y/N	Notes
A protocol is established for working alone or in isolation		
Workers are trained on the protocol for working in isolation		
Those who work alone have access to communication devices		
There is a check-in system to monitor those who work alone		
Workers are trained on psychological health and safety hazards		
Workers know how to access mental health support (EFAP or community resource)		
Workers know whom they are to approach to report psychosocial hazards		
Worker scheduling is used to reduce the risk of fatigue		
Workers are trained on the mental health continuum and the importance of self-care		
Signage indicating mental health indicators (continuum) is posted		
Workers are aware of the importance of taking regular breaks		

**Observe** work and behaviours

- Are workers isolated or exposed to poor working conditions
- The work and how work is performed (workers rushed, delayed, confusion or mistakes)
- Interactions with each other including workers, customers, clients [are they respectful or harmful]

**Ask Questions** during inspection

- Role Clarity, Support, Workload

**Check in** on New and Young Workers