



# Mandatory Working at Heights Refresher Safety Training for Ontario workers

Mandatory hands-on training for workers who use fall protection systems

- ▶ Travel restraint systems
- ▶ Fall restricting systems
- ▶ Fall arrest systems

Refresher training required every three years.



705 474 7233  
1 888 730 7821 (Toll free Ontario)  
[workplacesafetynorth.ca/workingatheights](http://workplacesafetynorth.ca/workingatheights)



# STOP! FALLS!

# Workplace Safety North approved training provider with Ministry of Labour

## Mandatory refresher training required every 3 years

Falls from heights continue to be a significant hazard, leading to injuries and deaths of workers in all sectors, particularly with construction activity. To help prevent serious injury and fatalities, WSN encourages employers to proactively schedule working at heights safety training for workers, regardless of industry.

### Working at Heights safety training from WSN ensures compliance with legislation

- ▶ For workers on construction projects covered by the Regulations for Construction Projects, Working at Heights training is valid for three years from the date of completion. In order to maintain certification, workers are required to complete a half-day refresher course every three years.
- ▶ For workers covered by all other regulations, including Regulations for Mines and Mining Plants and Regulations for Industrial Establishments, WSN Working at Heights training frequency is determined by the employer. WSN recommends refresher training at least every three years.

### What workers learn

Approved by the Ministry of Labour, this half-day program provides participants with the most up-to-date information with hands-on instruction from industry experts and trained adult educators.

The refresher course focuses on the practical aspects of using fall protection systems and other equipment used for working at heights; participants must bring CSA-approved footwear.

- ▶ Warning methods, such as signage, bump lines and barriers, used to identify fall hazards to workers to prevent falls from heights
- ▶ Different types of work positioning systems that may be available to safely perform a variety of tasks at heights, including scaffolds and powered elevating work platforms
- ▶ Different types of personal fall protection systems, including their limitations, appropriate uses, components, and set-up
- ▶ Hands-on experience setting up, wearing and using personal fall protection equipment.

Prerequisite: Successful completion of Working at Heights Safety Training delivered by an approved Ministry of Labour training provider.

The training is intended for workers, supervisors, joint health and safety committee members, health and safety representatives, and anyone else who works at heights, or works with or supervises those working at heights.

Successful participants receive 'Proof of Training' wallet card from the Prevention Office of the Ontario Ministry of Labour.

### How to book training

Choose from scheduled open courses at locations across the province, or a closed on-site course at your workplace. While Working at Heights Safety Training is a great starting point, site-specific training is also required. Employers must also train workers on specific fall hazards and fall protection equipment in their workplace.

<https://www.workplacesafetynorth.ca/training/course/working-heights-refresher>

### Ask about WSN training partner program

Hundreds of Ontarians receive Joint Health and Safety Committee certification and Working at Heights safety training each year through WSN and its Training Partners across the province. WSN Training Partners are large or small businesses, community or municipal organizations, corporations, or other organizations that have an agreement with WSN to deliver Ministry of Labour-approved training in their community or to their employees. For more information, contact [trainingpartnersworkplacesafetynorth.ca](mailto:trainingpartnersworkplacesafetynorth.ca).

### Your local health and safety partner

An independent not-for-profit, Workplace Safety North is one of four health and safety associations in Ontario, and the only one based in the north. WSN provides province-wide Ministry-approved workplace health and safety services for mining and forest products sectors; as well as businesses and communities across northern Ontario.

With health and safety specialists located across the province, WSN and its legacy organizations have been helping make Ontario workplaces safer for more than 100 years. As a leading provider of health and safety services, businesses and communities call upon WSN for expert occupational health and safety advice and training. For more information, please visit [workplacesafetynorth.ca](http://workplacesafetynorth.ca).



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