



# MANDATORY WORKING AT HEIGHTS SAFETY TRAINING FOR ONTARIO WORKERS

Mandatory hands-on training for workers who use personal fall protection systems:

- Travel restraint systems
- Fall restricting systems
- Fall arrest systems

Refresher training required every three years.



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### WORKPLACE SAFETY NORTH APPROVED TRAINING PROVIDER WITH MINISTRY OF LABOUR

#### MANDATORY ONTARIO WORKPLACE SAFETY TRAINING STANDARD

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Falls from heights continue to be a significant hazard, leading to injuries and deaths of workers in all sectors – particularly with construction activity. To help prevent serious injury and fatalities, WSN encourages employers to proactively schedule updated training for workers, regardless of industry.

## WORKING AT HEIGHTS SAFETY TRAINING FROM WSN ENSURES COMPLIANCE WITH LEGISLATION

Intended for workers, supervisors, joint health and safety committee members, health and safety representatives, and anyone else who works at heights, this one-day course provides a comprehensive overview of legislated requirements, hazards, and hazard controls.

#### WHAT WORKERS LEARN

Approved by the Ministry of Labour, this program provides participants with the most up-to-date information with handson instruction from industry experts and trained adult educators.

- Factors affecting the risk, likelihood and potential severity of a fall from heights
- ▶ Types of personal fall protection systems, including their limitations, appropriate uses, components, and set-up
- ▶ Hands-on experience setting up, wearing and using personal fall protection equipment
- Work positioning systems available to safely perform a variety of tasks at height, including scaffolds and powered elevating work platforms
- Proper use, positioning, and maintenance of portable ladders and similar equipment
- Warning methods, such as signage, bump lines and barriers, to identify fall hazards to workers

Successful participants will receive 'Proof of Training' wallet card from the Prevention Office of the Ontario Ministry of Labour.

#### HOW TO BOOK TRAINING

Choose from scheduled open courses at locations across the province or a closed on-site course at your workplace. While Working at Heights Safety Training is a great starting point, site-specific training is also required. Employers must also train workers on specific fall hazards and fall protection equipment in their workplace.

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#### ASK ABOUT WSN TRAINING PARTNER PROGRAM

Hundreds of Ontarians receive Joint Health and Safety Committee certification and Working at Heights safety training each year through WSN and its Training Partners across the province. WSN Training Partners are large or small businesses, community or municipal organizations, corporations, or other organizations that have an agreement with WSN to deliver Ministry of Labour-approved training in their community or to their employees. For more information, contact trainingpartners@workplacesafetynorth.ca.

#### YOUR HEALTH AND SAFETY PARTNER

An independent not-for-profit, Workplace Safety North is one of four sector-based health and safety associations in Ontario, and provides Ministry-approved workplace health and safety training and services for the mining and forest products industries, as well as businesses across northern Ontario.

With health and safety specialists located across the province, WSN and its legacy organizations have been helping make Ontario workplaces safer for more than 100 years. A leading provider of health and safety training and consulting, businesses call upon WSN for expert advice and information. For more information, contact workplacesafetynorth.ca.

#### Services

Safe Workplace Ontario third-party business health and safety certification program, Workplace Safety and Insurance Board safety group incentive programs, and business health and safety program and culture audit.

#### Training

Ministry-approved courses: Joint Health and Safety Committee Certification, Working at Heights Safety Training, mining and forestry common core mandatory skills training. Related courses include Competent Supervisor, Mental Health First Aid, Positive Psychology, and Mine Rescue.



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