

MSD Hazard Identification Tool



Job/Task Information

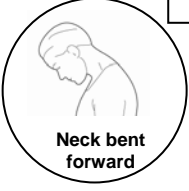
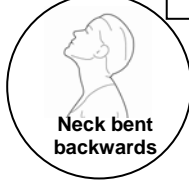
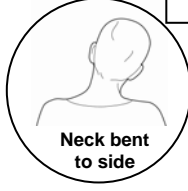
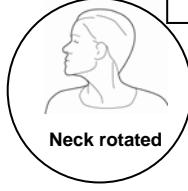

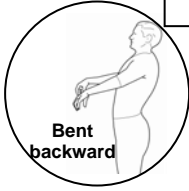
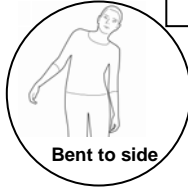
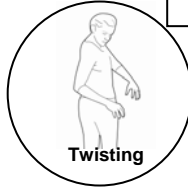

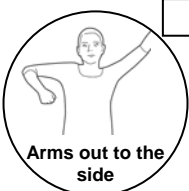
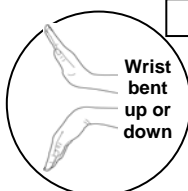
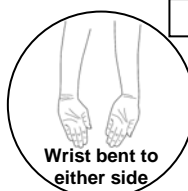
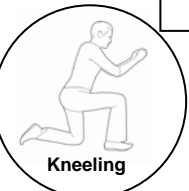
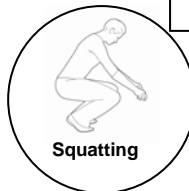

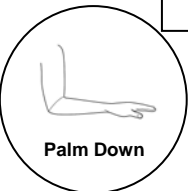
Job Title or Task:

Date Completed:

Tips for Completing this Section

- “F” if force is applied while in the awkward posture **and** the level of force is noted as a concern

Awkward / Static Postures Notes

 Neck bent forward	 Neck bent backwards	 Neck bent to side	 Neck rotated	
 Back bent forward	 Bent backward	 Bent to side	 Twisting	
 Hands or elbows above shoulder	 Arms out to the side	 Wrist bent up or down	 Wrist bent to either side	
 Kneeling	 Squatting	 Palm Up	 Palm Down	

Tips for Completing this Page

- “F” if forces being exerted / weights handled are noted as a concern
- “P” if the workers adopt awkward postures during the activity or exposure


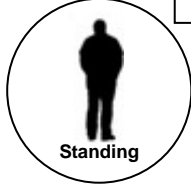
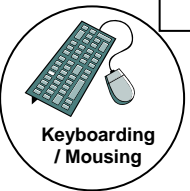

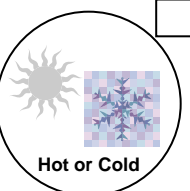
Manual Material Handling **Notes**

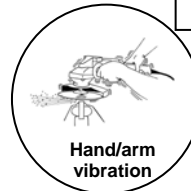
 Lifting	 Pushing/ Pulling	 Carrying
---	--	--

Gripping **Contact Stress**

 Pinch Grip	 Power Grip	 Contact Stress
--	--	--

Other

 Sitting	 Standing	 Keyboarding / Mousing	 Using knee or hand as hammer	 Hot or Cold
---	--	---	--	---

 Hand/arm vibration	Notes
--	--------------

Notes:

If the activity related physical demands required vary from day to day, due to different products / services being produced or provided, then ask workers if the activity being observed is more or less demanding than on a typical day.

- If less demanding, plan to come back when the demands are more typical / higher.
- If more demanding complete the hazard identification tool. It may be that MSD hazards are only a concern for certain products / services. You should also re-use the tool when the demands are more typical.
- If typical, but there are times when the demands are higher, re-use the tool when the demands are higher, especially if there are no MSD hazards identified when observing typical demands.