

# Workplace Health and Safety Snapshot for Ontario Printing, Platemaking, and Binding Sector in 2018



**27,205**

Full-time employees



## Events resulting in lost-time injury or illness

Injury or illness severe enough to require one or more days lost from work



**49%**

**Bodily reaction and exertion**  
(excessive physical effort, free bodily motion that results in stress or strain on the body, assuming an unnatural position, repetitive motion)



**32%**

**Contact with objects or equipment**  
(struck by or against objects, contacts with objects and equipment, caught in or compressed by equipment or objects, rubbed or abraded by friction or pressure)



**14%**

**Falls**  
(falls to lower levels, falls on same level)



**6%**

**All other**  
(contact with temperature extremes, exposure to radiation)

## Most common lost-time injuries

**91** **Bodily reaction and exertion**, includes injuries and illnesses resulting from repetitive motion, bending, climbing, crawling, reaching, twisting, slipping, tripping, overexertion in lifting, pulling, pushing, carrying, or turning objects.

**59** **Contact with objects and equipment**, includes struck by or against stationary or moving objects; struck by falling, flying, slipping, swinging objects; caught in or compressed by equipment or machinery; rubbed or abraded by foreign matter in eye; struck by or slammed in swinging door or gate; and struck by slipping handheld object.

**26** **Falls**, includes falls from ladder; falls to floor, walkway or other surface; falls on same level; and falls onto or against objects.

## Top 3 Occupational Diseases

Based on approved WSIB claims for healthcare, being off work, loss of wages, or permanent disability.

**23** **Noise-induced hearing loss**

**6** **Exposure**, includes exposure to chemical agent, and contact or exposure to hazard chemicals.

**4** **Injury and poisoning**, includes burns, toxic effect of gases, and adverse effects of allergy.

\*Disease fatality claims with a fatality effective date of 2018. Source: WSIB Enterprise Information Warehouse as of March 31, 2019. RG 333 Sep 2019 WSN

# Overview of Joint Health and Safety Committee certification training

JHSC Part 1, 2, and Refresher training – focus on workplace-specific hazards

## JHSC Certification: Part 1 (three days)

(Disponible en français)

This mandatory course provides participants with an understanding of how to recognize, assess and control workplace hazards, the rights and duties of certified members, and how to conduct effective workplace inspections and incident investigations.

## JHSC Certification: Part 2 (two days)

Focusing on the concepts of recognition, assessment, and control of hazards, and evaluation of the hazard controls, participants learn how to apply these concepts to a minimum of six hazards relevant to their own workplaces. In addition, learners practise drafting action plans and recommendations for the employer.

Key hazards in the corrugating workplace include:

- Unsafe operation of equipment
- Inadequate maintenance of machine guarding
- Failure to follow lock out procedures
- Poor lifting procedures
- Working in uncomfortable positions
- Work or equipment operation requiring repetitive motion
- Inadequate attention to workplace hazards while walking
- Failure to follow procedures while handling hazardous substances

## JHSC Certification Refresher (one day)

Training includes a review of key concepts in Part 1 and 2 of JHSC certification along with updates to legislation, standards, and best practices.

The one-day refresher training program is legally required every three years and provides the most up-to-date information that JHSC professionals can use to keep their workplace health and safety practices current and effective.

## Also Available

### Competent Supervisor Training

(Disponible en français)

Equivalent to Ministry of Labour mandatory awareness program for supervisors, this program makes supervisors aware of their legal duties and responsibilities, and provides a sound foundation of health and safety knowledge to deal with the variety of issues they will face in their work. Supervisors are responsible for helping set and maintain an organization's safety culture.

### Health and Safety Representative Basic Training

Employers with 6 to 19 workers are required to ensure workplaces have a worker Health and Safety Representative (HSR), as stated in the Occupational Health and Safety Act. To help small businesses comply with the law and strengthen their internal health and safety culture, the Ministry of Labour and Ontario health and safety associations (including Workplace Safety North) have developed an e-learning program that provides HSRs with the knowledge and skills they need to perform their legislated duties effectively.

### About Workplace Safety North

Your local health and safety partner

An independent not-for-profit, Workplace Safety North (WSN) is one of four health and safety associations in Ontario, and the only one headquartered in the north.

WSN provides province-wide government-approved workplace health and safety services for forest products and mining sectors, as well as for businesses and communities across northern Ontario.

With health and safety specialists located across the province, WSN and its legacy organizations have been helping make Ontario workplaces safer for more than 100 years.

WSN is a leading provider of health and safety services, and businesses and communities call upon WSN for expert advice and training. For more information, visit [workplacesafetynorth.ca](http://workplacesafetynorth.ca).



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